



**Princeton Forrestal Village**  
 110A Rockingham Row  
 Princeton, NJ 08540  
 Email: valentinosprinceton@gmail.com  
 Phone: 609-520-1191

## JULY 2026

### Ying Hua International School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<b>1</b>	<b>2</b>	<b>3</b>
<b>6</b> Spaghetti, Tomato Sauce, Peas, Fruit	<b>7</b> Chicken Patty on a Bun, Broccoli, Fruit	<b>8</b> French Toast, Turkey Links, Green Beans, Fruit	<b>9</b> Chicken Nuggets, Carrots, Fruit	<b>10</b> Valentino's Pizza, Corn, Fruit
<b>13</b> Wheat Pasta with Marinara Sauce, Green Beans, Fruit	<b>14</b> Black bean and rice burrito, Carrots, Fruit	<b>15</b> Baked Ziti with Spinach, Peas, Fruit	<b>16</b> Fish Sticks with Tater Tots, Broccoli, Fresh Fruit	<b>17</b> Valentino's Pizza, Corn, Fruit
<b>20</b> Grilled Cheese on Wheat Bread, Green Beans, Fruit	<b>21</b> Cheeseburger on a Bun, Carrots, Fruit	<b>22</b> Mozzarella Sticks, Broccoli, Fruit	<b>23</b> Chicken Cubes with Marinara Sauce and Rice, Peas, Fruit	<b>24</b> Valentino's Pizza, Corn, Fruit
<b>27</b> Macaroni and Cheese, Green Beans, Fruit	<b>28</b> Chicken Nuggets, Broccoli, Fruit	<b>29</b> Cheese Ravioli with Tomato Sauce, Carrots, Fruit	<b>30</b> Spinach Quesadilla, Peas, Fruit	<b>31</b> Valentino's Pizza, Corn, Fruit

**Every day  
after 5pm  
Get \$2.00 OFF any  
Pizza Pie**  
 PICK UP ONLY  
 Valentino's Pizzeria  
 Forrestal Village  
 Food Court  
 Just minutes from  
 the school!  
 (609) 520-1191  
 Just say you are a  
 Ying Hua parent!

**Fresh Fruit may be  
any one of the  
following:**

- Banana
- Pineapple
- Grape
- Apple
- Pear
- Berries
- Orange
- Watermelon
- Cantaloupe
- Peach

**Daily Options:**

Pasta with Tomato  
Sauce

Pasta with Butter

Grilled Cheese

Ham, American  
Cheese with Lettuce  
Sandwich

Turkey, American  
Cheese with Lettuce  
Sandwich

Chicken Caesar Salad

Chicken & Rice Soup

Cheese/ Pepperoni  
Pizza

*Order online at [www.valentinosforrestal.com/yinghuaintlschool](http://www.valentinosforrestal.com/yinghuaintlschool)  
 For questions or concerns please contact us at 609-520-1191*