Phone: 609-520-1191

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OCTOBER 2025

Ying Hua International School

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|--|---|--|
| | | 1 Baked Ziti with Spinach, Peas, Fruit | Chicken Nuggets, Carrots, Fruit | 3 Valentino's Pizza, Corn, Fruit |
| 6 Macaroni and Cheese, Green Beans, Fruit | 7 Chicken Patty on a Bun, Broccoli, Fruit | 8 Spaghetti, Meatballs w/Tomato Sauce, Peas, Fruit | 9 Spinach Quesadilla, Carrots, Fruit | 10 Valentino's Pizza, Corn, Fruit |
| 13 NO SCHOOL | 14 Black bean and rice burrito, Broccoli, Fruit | Cheese Ravioli with Tomato Sauce, Peas, Fruit | 16 Cheeseburger on a Bun, Carrots, Fruit | 17 Valentino's Pizza, Corn, Fruit |
| Wheat Pasta with Marinara Sauce, Green Beans, Fruit | 21 Chicken Cubes with Marinara Sauce and Rice, Peas, Fruit | 22 Chicken Nuggets, Broccoli, Fruit | Fish Sticks with Tater Tots, Carrots, Fruit | 24 Valentino's Pizza, Corn, Fruit |
| 27 Spaghetti, Tomato Sauce, Peas, Fruit | 28 Mozzarella Sticks, Broccoli, Fruit | 29 French Toast, Turkey Links, Carrots, Fruit | 30 Chicken Patty on a Bun, Green Beans, Fruit | 31 Valentino's Pizza, Corn, Fruit |

Every day after 5pm Get \$2.00 OFF any

Pizza Pie PICK UP ONLY Valentino's Pizzeria Forrestal Village Food Court Just minutes from the school! (609) 520-1191 Just say you are a Ying Hua parent!

Fresh Fruit may be any one of the following:

- Banana
- Pineapple
- Grape
- Apple
- PearBerries
- Orange
- Watermelon
- Cantaloupe
- Peach

Daily Options:

Pasta with Tomato Sauce

Pasta with Butter

Grilled Cheese

Ham, American Cheese with Lettuce Sandwich

Turkey, American Cheese with Lettuce Sandwich

Chicken Caesar Salad

Chicken & Rice Soup

Cheese/ Pepperoni Pizza